

Trauma, Crisis, Mental Health and SEL Resources for COVID 19

COVID 19 Specific Resources

[NYSED Social Emotional Resources for COVID](#)

- Talking to Young People about COVID-19
- Online Learning
- Self-Care
- Team Care
- Additional Resources

[Collaborative for Academic Social and Emotional Learning Resources for COVID 19 \(CASEL\)](#)

- Guidelines for Parents and Caregivers
 - Talking to Children about the Coronavirus
 - Coping with Stress and Anxiety
- Guidelines for Educators
 - Communications Planning
 - Talking to Children at Home about Coronavirus
 - Talking to Students in Classrooms about Coronavirus
 - Teaching Tolerance: Speaking Up Against Racism Around the New Coronavirus
 - Facing History & Ourselves: Protect Yourself & Stand Against Racism

[Responding to COVID 19 through Positive Behavior Supports - A Practice Guide](#)

- A Brief on how to continue using positive behavior interventions and support

[Resource for Returning to School after COVID 19 - Making the School Year Safe, Predictable and Positive](#)

- 6 Strategies to use when Students and Staff return to school

[National Association of School Psychologists - Health Crisis Resources - COVID 19](#)

- Several Resources regarding COVID 19

General Trauma, Crisis and Mental Health Resources

[SEL Signature Practices Playbook - 3 Practices to Help Integrate SEL practices to Promote Community-Building and Deeper Engagement](#)

[Trauma-Informed Practices - A Wealth of Trauma Resources](#)

[Trauma Toolkit for Educators - Resources for all Grade Bands](#)

[Parent Guide to Understanding Child Traumatic Stress](#)

[Mental Health Resources for Educators – 2016 NYSED](#)

[Child Mind Institute - Helping Children Cope after a Traumatic Event](#)

[New York State School Social Workers Association - Crisis Response and Intervention Resources](#)