



## Say hello to, *Teen Intervene*.

*An evidence-based, brief early intervention program for teens who have begun experimenting with drugs and alcohol, or are at high risk.*

A NREPP (National Registry of Evidence-based Prevention Practices) certified program, offered by the Prevention Specialists from CASA-Trinity, Inc. Unlike programs that focus primarily on preventive skills and information, Teen Intervene directs attention to problems that have already occurred.

Whether it be in person or virtually, Teen Intervene takes place in a private setting, provided by the school or referral agency, between a trained Prevention Specialist, and the adolescent experiencing substance abuse issues. Release forms and permission slips must be signed prior to the first session. In order for teens to engage in open, honest discussion with their counselor, an environment of trust is essential. Any information discussed in these sessions is confidential, unless the student waives that right in a written release form.

In each of the minimum three one-hour (or two 90-minute) sessions, a trained Prevention Specialist will engage the adolescent in open dialogue and use motivational interviewing regarding: frequency and quantity of substance abuse behaviors, risks and benefits of continued or discontinued behaviors, setting reachable goals for improving their particular situation, overcoming barriers to progress, and strategies for staying clean and sober.

To learn more about the Teen Intervene program, please visit:  
[www.hazelden.org/web/public/teenintervene.page](http://www.hazelden.org/web/public/teenintervene.page)



**You may also contact a Prevention Specialist by emailing:**

Chemung County: [Chemungprevention@casa-trinity.org](mailto:Chemungprevention@casa-trinity.org)

Livingston County: [Livingstonprevention@casa-trinity.org](mailto:Livingstonprevention@casa-trinity.org)

Tioga County: [Tiogaprevention@casa-trinity.org](mailto:Tiogaprevention@casa-trinity.org)